



TEXAS

Taking the Next Step

2017 Geriatric Symposium

AGENDA

2017 Geriatric Symposium • DAY TWO

***Dementia Long-Term Care
and Community Settings***

August 8, 2017

Crowne Plaza Austin • Austin, Texas



TEXAS
Health and Human
Services

SYMPOSIUM AT A GLANCE

Welcome

2017 Geriatric Symposium • DAY TWO

Dementia Long-Term Care and Community Settings

The second day of the Geriatric Symposium is designed to provide a variety of information for health care providers, family members and private caregivers to better care for the elderly and those with dementia-related conditions.

Tuesday ★ August 8, 2017

7 – 8 a.m.	Registration
8 – 8:15 a.m.	Welcome
8:15 – 9 a.m.	Opening Keynote Address • <i>Allen Power, MD, FACP</i>
9 – 9:20 a.m.	Break
9:20 – 10:50 a.m.	Breakout Sessions • 1
10:50 – 11:10 a.m.	Break
11:10 a.m. – 12:40 p.m.	Breakout Sessions • 2
12:40 – 1:50 p.m.	Lunch <i>(on your own)</i>
1:50 – 2 p.m.	Call to Order
2 – 3:30 p.m.	Breakout Sessions • 3
3:30 – 3:50 p.m.	Break
3:50 – 4:45 p.m.	Closing Keynote Address • <i>Clint Swindall, CSP</i>
4:45 – 5 p.m.	Closing Remarks

SYMPOSIUM INFORMATION

General Information

Name Badges: Please wear your conference name badge at all times. Your name badge is your admission to the conference sessions, keynote addresses and other areas of our conference. For badges, visit the registration desk.

Electronic Devices: As a courtesy, please silence your electronic devices during all conference sessions.

Session Selections: The conference committee has worked hard to offer a diverse range of sessions. Please attend the sessions you registered for. Space is extremely limited.

Lunch on your own: For your convenience, the Crossroads Lounge is located in the hotel lobby. A list of nearby restaurants is available at the front desk or on the Crowne Plaza Austin website (click on “Dining”).

Lost and Found: All lost items will be taken to the conference registration table.

Continuing Education Credits

The Texas Health and Human Services Commission Medicaid and CHIP Services plans to offer continuing education credit for licensed social workers, registered dietitians, certified nurse aides, ombudsmen, guardianship, assisted living facility managers, licensed nursing facility administrators, nursing facility activity directors, licensed psychology professionals and licensed professional counselors.

Texas Department of Aging and Disability Services – Regulatory Services Division is an approved provider of continuing nursing education by the Texas Nurses Association – Approver, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Conference Evaluation

To ensure continued success of the conference, we need your valuable feedback. Please remember to complete the evaluations for each session you attend and turn them in to either the room monitors or to the conference registration table. You will be given a future opportunity to evaluate the overall conference.



SYMPOSIUM AGENDA

Tuesday ★ August 8

7 – 8 a.m.

Hotel Lobby

Registration

8 – 8:15 a.m.

Grand Ballroom

Opening Remarks

Michelle Dionne-Vahalik, MSN, RN • *Director, Quality Monitoring Program, Medicaid and CHIP Services, HHS*

8:15 – 9 a.m.

Grand Ballroom

Opening Keynote Address ■ Dementia Beyond Disease: Enhancing Well-Being

Allen Power, MD, FACP

Learn about the limitations of a narrow biomedical model for viewing dementia and its connection to the overuse of antipsychotic medications. Dr. Power will also describe an “experiential” view and contrast it with the traditional model.

9 – 9:20 a.m.

Break

9:20 – 10:50 a.m.

Salons A, B

Breakout Sessions • 1

Texas Oasis Dementia Care

Susan Wehry, MD

Dr. Wehry will discuss the Oasis three-day training, an interdisciplinary, person-centered approach to long-term care that will help front-line nursing staff transform dementia care, support mental health recovery and reduce inappropriate antipsychotic use. This approach benefits long-term care providers such as assisted living facilities and institutions for individuals with developmental disabilities and educates families and consumers of long-term care in Texas.

Salon E

Alternative Interventions: Panel Presentation

Robotic Animals for People with Alzheimer’s and Dementia

Takanori Shibata, PhD • *National Institute of Advanced Industrial Science and Technology, Japan*

Hear about the psychological, physiological and social effects of robotic animals for people with Alzheimer’s and dementia. Learn about the PARO Seal personal robot being used in nursing homes worldwide.



The Use of Robotic Pets in Dementia Care

Sandra Wiggins Petersen, DNP, APRN, FNP-BC, GNP-BC, PMHNP-BE, FAANP • *Professor and Director, DNP Program, University of Texas at Tyler*

Behavioral problems may affect individuals with dementia, increasing the cost and burden of care. Pet therapy has been known for many years to be emotionally beneficial. Robotic pets have been shown to have similar positive effects without the negative aspects of traditional pets. You will also hear the speaker's own experiences with robotic pets.



Salons G, H

Communication and Interacting with People with Dementia

Rita Armstrong, DNP, MSN Ed, RN

Learn the current evidence-based practices for verbal communication in people with dementia and the influence of language in health care facilities. Three types of distress behaviors will be identified and you will learn how to modify a negative behavior to produce positive outcomes in clients with dementia.

Salon D

Dementia Care in the Nursing Home

Alice Bonner, PhD, RN, FAAN • *Secretary of Elder Affairs, Massachusetts*

Are you a long-term care nurse in a leadership role? Plan and prioritize improving dementia care in your organization. Learn how to understand behavior as a form of communication and how to empower nurses and certified nursing assistants at the bedside to promote quality of life for people with dementia, their family caregivers and their care team.

*Salon C***Embedding Symptom Management for People Living with Dementia in Home Health and Hospice Agencies**

Abraham Brody, PhD, RN, GNP-BC, FPCN

Do you work in home health or a hospice agency? Learn methods for implementing person-centered, dementia-friendly policies and practices to improve symptom management. Get more information about the Dementia Symptom Management at Home Program and the significance of symptoms in people living with dementia.

*Lone Star I, II***Helping People in Distress: Practical Hands-on Approaches and Techniques**

Allen Power, MD, FACP

Dr. Power will expand upon his keynote to show how an experiential approach can help caregivers understand and respond to distress. Learn the environmental, sensory and relational factors that relate to distress, review optimal techniques for communication and facilitation, and get an overview three audits to consider.

*Salon F***Join the Creative Care Revolution!**

Susan H. McFadden, PhD

Learn about the link between person-centered care and creative engagement and how life in long-term care can be a time and place for growth. Attendees will demonstrate ways to reframe how they think about dementia, how they interact with care communities and how to provide creative engagement in everyday interactions.

*Waterloo Room***Managing Mealtimes in Dementia: Practical Hand-Feeding Skills Training (Part 1)**

Melissa Batchelor-Murphy, PhD, RN-BC, FNP-BC

Learn about the current evidence-based protocol for optimizing nutritional outcomes for older adults with dementia and three hand-feeding techniques for feeding assistance. Dr. Batchelor-Murphy will teach a positive approach to dementia care, present mealtime behaviors as a form of communication and discuss common responses to feeding behaviors to optimize meal intake.

*Austin Room***Oral Needs and Aging: An Interdisciplinary Quality-Care Perspective**

Sarah J. Dirks, DDS

Knowledge and attitudes regarding oral care varies greatly among people who provide services for the elderly. This session will provide a framework for understanding what is most important from a quality-care perspective. Understand your role in recognizing serious problems and learn when a referral is necessary. Through real case examples, learn the most common myths surrounding oral disease and oral health.

*Suites 735, 737, 738
7th Floor***Virtual Dementia Tour: Life through Their Eyes**

Stephanie Wofford, BSN, RN, CDP, VDT Certified Trainer
QMP Trainers • HHS Medicaid and CHIP Services

The Virtual Dementia Tour is a real-life experience of dementia that allows care providers to gain a deeper understanding of the complications of cognitive impairment which will alter perspectives and change the way your staff approaches caregiving.



10:50 – 11:10 a.m.

Break

11:10 a.m. – 12:40 p.m.

Breakout Sessions • 2

Salons A, B

Texas OASIS Dementia Care

Susan Wehry, MD

Dr. Wehry will discuss the Oasis three-day training, an interdisciplinary, person-centered approach to long-term care that will help front-line nursing staff transform dementia care, support mental health recovery and reduce inappropriate antipsychotic use. This approach benefits long-term care providers such as assisted living facilities and institutions for individuals with developmental disabilities and educates families and consumers of long-term care in Texas.

Salon F

Baby Doll Therapy in Dementia Patients

Barbara A. Braden, DNP, MSN, FNP, NP-C

Learn about the recently developed protocol for introducing baby doll therapy to dementia patients in a long-term care setting. Dr. Braden will describe recently developed protocol for introduction and use of baby doll therapy in women with moderate to severe dementia and compare outcomes of traditional chemical restraints versus baby doll therapy to modify behavior of women with dementia.

Salon E

Enhancing Care through Music & Memory

Dan Cohen, MSW

Learn about the current evidence-based protocol for using personalized music to optimize quality of life and care for older adults, especially those with dementia. Cohen will present innovative applications of personalized music for residents who are lonely and depressed as well as those with psychiatric diagnoses. He will also demonstrate how intergenerational activity brings additional benefits to residents.

Waterloo Room**Managing Mealtimes in Dementia: Practical Hand-Feeding Skills Training You Can Use (Part 2)**

Melissa Batchelor-Murphy, PhD, RN-BC, FNP-BC

Eating is one of life's simple pleasures, and as dementia progresses, the ability to eat independently becomes lost. Learn how and when to use three different supportive hand-feeding techniques to minimize behaviors at mealtimes and maximize meal intake.

Austin Room**Providing Palliative Care in the Community**

Abraham Brody, PhD, RN, GNP-BC, FPCN

Dr. Brody will examine how community based organizations (home health agencies, nursing homes, continuing care retirement communities and others) can develop palliative-focused policies and increase the capacity of clinicians to provide palliative care to improve person-centered care and patient outcomes.

Salons G, H**Resources Available in the Community: Panel Presentation****Creating Dementia-Capable Systems of Care**

Katie Scott, BA, MPH • *Senior Director, Dementia and Caregiver Support Services, Baker-Ripley Neighborhood Centers*

Ensuring people with dementia and their caregivers are connected to dementia-specific, community-based services is essential to their quality of life. Dementia-capable systems create these connections and require the program and services involved to accommodate the needs of people with dementia and their caregivers. This presentation covers the processes and strategies essential to building that system through the Texas Takes on Dementia project.

Hospice Care is Available to People of all Ages with a Terminal Illness

Maxcine Tomlinson, LMSW

Dr. Tomlinson will define hospice and its eligibility requirements, identify hospice services and where they are provided, and how hospice services are paid. Learn the three eligibility criteria for hospice services and the seven financial resources that pay for hospice services.

The Alzheimer's Association – Who we are? What we do?

Delia Jervier • *BA, Director of Chapter Operations, Alzheimer's Association Capital of Texas Chapter*

Learn about the Alzheimer's Association, which works to eliminate Alzheimer's disease through the advancement of research, provide and enhance care and support for all affected and reduce the risk of dementia through the promotion of brain health.

Lone Star I, II**Shifting Gears and Changing Lanes in Response to a New Paradigm of Aging**

Ben Dickerson, PhD, LPCS

Age/aging in Texas and the United States is rapidly changing. In the midst of a paradigm shift, it can become difficult to have a clear perception of what is happening. The focus of this presentation is to clarify and respond with greater certainty the challenges facing the aging network in communities, state, and nation.

Salon D

Techniques to Assist Those Living with Dementia

Beth A. D. Nolan, PhD

Dementia is a progression of changing abilities that needs to be addressed in our aging population. Understand what is normal about the aging process and what is not. Learn how positive physical approach and hand-under-hand techniques can help you connect and guide those living with dementia. Learn about the GEMS model to help impact relationship and expectations.

Salon C

Understanding and Addressing Trauma in the Aging Population through Trauma-Informed Care Framework

Marisol Acosta, MEd, LPC-S

Learn the impact of trauma in the aging population and how to recognize signs, common responses and behaviors associated with trauma. Understand how to incorporate a trauma-informed care framework in services engaging aging and adults affected by trauma.

*Suites 735, 737, 738
7th Floor*

Virtual Dementia Tour: Life through Their Eyes

Stephanie Wofford, BSN, RN, CDP, VDT Certified Trainer
QMP Trainers • HHS Medicaid and CHIP Services

The Virtual Dementia Tour is a real-life experience of dementia that allows care providers to gain a deeper understanding of the complications of cognitive impairment which will alter perspectives and change the way your staff approaches caregiving.

12:40 – 1:50 p.m.

Lunch (on your own)

1:50 – 2 p.m.

Call to order • Directions for Breakout Sessions

2 – 3:30 p.m.

Breakout Sessions • 3

Salons A, B

Texas OASIS Dementia Care

Susan Wehry, MD

Dr. Wehry will discuss the Oasis, three-day training, an interdisciplinary person-centered approach to long-term care that will help front-line nursing staff transform dementia care, support mental health recovery and reduce inappropriate antipsychotic use. This approach benefits long-term care providers such as assisted living facilities and institutions for individuals with developmental disabilities and educates families and consumers of long-term care in Texas.



Salon C**Evidence-Based Programs (EBPs) Related to Geriatrics**

Doris Howell, MPH, CHWI

Cindy Quinn, BS

We have a growing aging society with rising health care costs. Evidence-based Health and Wellness programs (EBPs) address this issue by affecting patient health, health care and health care costs. This session will provide an overview of EBPs and their benefits and the technical assistance the Texas A&M Center for Population Health and Aging can provide to organizations seeking information on and implementing EBPs.

Salon D**Alternative Interventions: Panel Presentation****Boxing for Parkinson's**Kristy Richards, BS, CPT • *Austin Rock Steady Boxing*

Learn how forced intense exercise can help people with Parkinson's strengthen their bodies, slow the progression of the disease and help manage symptoms. Participate using focus mitts and a video.

Music & MemoryTherese Palombi • *Project Manager, Quality Monitoring Program, Medicaid and CHIP Services, HHS*

Dementia and Alzheimer's disease create strangers out of loved ones. While medication and memory care facilities treat those who suffer from this debilitating illness, music therapy offers a bright new dementia treatment option that acts as a trip wire to bring back a lost loved one. In this session, you will hear about the latest advancements in Music & Memory.

ReminiscenceBonnie Harvey, PhD • *Quality Reporting Manager, Quality Monitoring Program, Medicaid and CHIP Services, HHS*

Reminiscence refers to the act of recalling memories from the past. It is a familiar activity to us all, but for people with Alzheimer's disease, encouraging the act of reminiscence can be highly beneficial to their inner self and their interpersonal skills. In this session, you will learn the types and benefits of reminiscence therapy for people with dementia and Alzheimer's.

Validation Therapy Meets Chair Yoga for Persons with Alzheimer's Disease

Lyn Litchke, CTRS, LVCYT, 200-IYT

Yoga has been known to be therapeutic for the aging population. In this presentation, participants will engage in hands-on intervention strategies incorporating validation techniques with chair yoga for people in all stages of Alzheimer's disease. They will also participate in visual and verbal modifications of yoga interventions for all four stages of the disease.



Salon H

Compassionate Touch: A Non-Pharmacological Approach that Prevents Behavioral Expression and Builds Care-partner Relationships

Pamela Brandon, BS

Learn why skilled touch is good medicine in dementia care, how touch strengthens care-partner relationships and two Compassionate Touch techniques. The clinical impact of skilled touch on behavior, pain and anxiety and case examples of integration in existing eldercare communities will be discussed.

Salon F

From Entertainment to Engagement: Music in Dementia Care

Mary Sue Wilkinson, MEd

Research is showing us that music has a unique ability to reach people living with dementia – helping them to connect, awaken memories and find happiness. This session will give you practical tools and strategies. Learn how to connect by choosing the right music, how to relieve boredom through active engagement, how to decrease restlessness and how to ease activities of daily living by using familiar songs and movement.

Salon E

Infection Control: Panel Presentation

Infection Control: The Importance of Infection Prevention

Carla Smith, RN, CDP, IP-BC • *TMF Quality Innovation Network*

Learn the importance of infection prevention through an activity and a video. Understand the importance of hand hygiene as it relates to infection prevention. Get an introduction to antibiotic stewardship, including federal requirements for nursing homes and its importance.

Promoting the Safe Use of Antibiotics

Theresa "Terry" Jaso, PharmD, BCPS (AQ-ID) • *Seton Healthcare Family – Ascension, Texas*

Antibiotics can be life-saving medications but they are not without risks. Learn the basics of appropriate antibiotic use, antibiotic-related adverse reactions, antibiotic-resistant bacteria and antibiotic overuse. Learn the definition of antimicrobial stewardship, antibiotic allergies and clostridium difficile infection.

Lone Star I, II**Post-Traumatic Stress and Dementia Behaviors in Long-Term Care**

Kathy Johanns

Sara Rodriguez, RN

Post-Traumatic Stress is a mental health issue that can be managed and healed at any age. Explore how to work with residents who have behaviors that are caused by PTS and dementia. Learn to identify these behaviors (what triggers them and how to avoid them), brain changes in PTS and dementia, and staff interventions.

Waterloo Room**The Pharmacist's Role in Improving the Value of Your Healthcare**

Jessica Haskins, PharmD

Pharmacists are trained and educated on a wide variety of services and health care conditions. They have always been considered the most accessible health care professional and are highly trusted. With the increasing cost of health care, it is becoming more apparent that patients can benefit from many services your corner pharmacy can offer. Learn to get the most value from your health care team.

Salon G**UT Center for Excellence in Long-Term Care**

TBD

Hear about the UT Center for Excellence in Long-Term Care and learn its mission, objective and approach to promote the highest standards of geriatric care for the benefit of the citizens of Texas using advances in technology, research and education.

**Suites 735, 737, 738
7th Floor****Virtual Dementia Tour: Life through Their Eyes**

Stephanie Wofford, BSN, RN, CDP, VDT Certified Trainer

QMP Trainers • *HHS Medicaid and CHIP Services*

The Virtual Dementia Tour is a real-life experience of dementia that allows care providers to gain a deeper understanding of the complications of cognitive impairment which will alter perspectives and change the way your staff approaches caregiving.

3:30 – 3:50 p.m.**Break****3:50 – 4:45 p.m.****General Session ■ Closing Keynote Address****Grand Ballroom****The Power of Personal Engagement**Clint Swindall, CSP • *President and Chief Executive Officer, Verbalocity*

Become educated, motivated and entertained in a high energy session. Learn how each person can increase the engagement of those around them by increasing their own.

4:45 – 5 p.m.**Closing Remarks****Grand Ballroom**

Michelle Dionne-Vahalik, MSN, RN • *Director, Quality Monitoring Program, Medicaid and CHIP Services, HHS*

SPEAKER BIOGRAPHIES

Keynote Speakers



Allen Power, MD, FACP

Dr. Allen Power is an internist, geriatrician and the newly appointed chair in aging and dementia innovation at the Schlegel University of Waterloo Research Institute for Aging in Ontario, Canada. He is also a clinical associate professor of medicine at the University of Rochester, New York, and an international educator on transformational models of care for older adults, particularly those living with changing cognitive abilities. His book “Dementia Beyond Drugs” was named a 2010 Book of the Year by the American Journal of Nursing, and his second book, “Dementia Beyond Disease,” was published in 2014.



Clint Swindall, CSP

Clint Swindall is the president and chief executive officer of Verbolocity, Inc., a personal development company with a focus on leadership enhancement. These enhancements include leadership development programs, training, speaking and general consulting. As a professional speaker, Swindall travels the world delivering high-content speeches and training in an entertaining and inspirational style to Fortune 500 companies, government agencies and trade associations.

Swindall enjoys the challenge of enhancing employee engagement for his clients by delivering programs based on his book, “Engaged Leadership: Building a Culture to Overcome Employee Disengagement.” He recognizes that a culture of employee engagement is a two-way road and that true engagement comes when leaders and employees are both doing their part. In addition to working with leaders to build a culture to overcome employee disengagement, Swindall addresses the employee’s role in his follow-up book entitled “Living for the Weekday: What Every Employee and Boss Needs to Know about Enjoying Work and Life.”

Breakout Session Speakers

Marisol Acosta, MEd, LPC-S

Marisol Acosta is the project director of the Texas Children Recovering from Trauma Initiative of the National Child Traumatic Stress Network and the Texas Health and Human Services in the Behavioral Health Services Department. She is the trauma subject matter expert of the Texas Department of State Health Services and directs the trauma-informed care organizational transformation pilot for all community behavioral health services. Marisol holds a master’s degree in counseling from the University of Houston, as well as a graduate certificate from Harvard University and the Italy Ministry of Health on Global Mental Health.

Rita Armstrong, DNP, MSN Ed., RN

Dr. Rita Armstrong's specialty is medical surgical nursing, telemetry, ortho-rehab and long-term and acute-care geriatrics. As a director of nursing for a registered nurse to Bachelor of Science in nursing online program, Armstrong continues to teach nursing education. She is a curriculum developer, nursing consultant and subject matter expert. Armstrong has been a certified Master Teacher since 2010 and continues to bring innovation and lifelong learning to the teaching environment.

Melissa Batchelor-Murphy, PhD, RN-BC, FNP-BC

Dr. Melissa Batchelor-Murphy is an assistant professor at Duke University's School of Nursing. She is board-certified as a gerontological registered nurse and as a Family Nurse Practitioner. She has worked as an administrative nurse in skilled nursing homes and practiced in long-term care settings including geriatric primary care, assisted living and skilled nursing facilities and house calls. Her research is focused on improving mealtimes for people with dementia through three different hand-feeding techniques – direct hand, over hand and under hand – and in reframing mealtime behaviors as a form of communication rather than care resistance. Her research has been supported by The John A. Hartford Foundation, the Robert Wood Johnson Foundation Nurse Faculty Scholars program, and the National Institute of Health and National Institute for Nursing Research.

Alice Bonner, PhD, RN, FAAN

Dr. Alice Bonner is the secretary of elder affairs in Massachusetts. Her 30-year career as a clinician, researcher, educator and policy-maker has focused on models of care that promote optimal health, autonomy and quality of life for older adults. She is an associate professor at the School of Nursing in the Bouvé College of Health Sciences at Northeastern University.

Barbara Braden, DNP, MSN, FNP, NP-C

Dr. Barbara Braden is a family nurse practitioner with over 30 years of clinical and managerial experience in military service. She holds a Master of Science in nursing degree as a clinical nurse specialist in community health nursing and family nurse practitioner. She also holds a Master of Science degree in military science and a Doctor of Nursing Practice degree from the University of Toledo, a joint program with Wright State University completed in 2014. Baby doll therapy was the subject of her doctoral project and the results were published in the international journal, *Dementia* (London). 2014 Nov 27, entitled, "Implementation of a baby doll therapy protocol for people with dementia (innovative practice)."

Pamela Brandon, BS

Pam Brandon is AGE-u-cate President and Chief Executive Officer and founder of AGE-u-cate Training Institute based in Dallas-Fort Worth. Drawing on over 24 years of personal and professional experience in caregiver education, she is passionate about embracing positive change in the field of aging and dementia training by developing practical tools for direct care staff and families that will create positive outcomes for those who live in, work and visit eldercare communities. A strong believer in hands-on learning, Brandon is the creator of the Dementia Live and Aging Live sensitivity awareness training programs and collaborated with Ann Catlin in the development of the Compassionate Touch program for dementia and end-of-life care. A professional speaker, trainer and facilitator, Brandon directs and leads the AGE-u-cate team of professionals in developing and delivering innovative, research-based programs while growing a network of Master Trainers across the U.S. and internationally.



Abraham Brody, PhD, RN, GNP-BC, FPCN

Dr. Abraham Brody is an assistant professor and associate director of the Hartford Institute for Geriatric Nursing at the NYU Rory Meyers College of Nursing. An expert in home-based inter-professional care of seriously ill older adults, he is a board-certified gerontological nurse practitioner with years of experience in the care of older adults across multiple settings, having worked in house calls, community-based facilities and acute care settings.

Dan Cohen, MSW

Dan Cohen is founder and executive director of Music & Memory, a non-profit that promotes the use of personalized music in more than 5,000 long-term care communities, hospices, hospitals, and home care organizations across the U.S. and abroad. Its inspirational story can be seen in “Alive Inside: A Story of Music & Memory” a Sundance Audience Award-winning documentary.

Ben Dickerson, PhD, LPCS

Dr. Ben Dickerson is a native Texan with two degrees from Texas A&M University and a PhD from Louisiana State University, Baton Rouge. He is a retired colonel of the United States Army Reserves, a licensed professional counselor and a certified supervisor. He has been involved in higher education for more than 40 years at Stephen F. Austin State University, Baylor University, Texas A&M University, University of Indianapolis, Delgado College of New Orleans, and Command and General Staff College in Fort Leavenworth, Kansas. Dr. Dickerson has coauthored and authored books and articles on age and aging topics. Of his many awards and recognitions, he was the first recipient of the Houston Livestock and Rodeo Scholarship. He also received Outstanding Professor in Gerontology by the Association of Gerontology in Higher Education, the Silver Beaver Award from Boy Scouts of America, a Lifetime Achievement Award at DHS Aging Services of Oklahoma and the Meritorious Service Medal from the United States Army Reserves. He is currently serving as a member of the Texas Legislative Committee on Aging.

Sarah J. Dirks, DDS

Dr. Sarah J. Dirks is chief executive officer of Geriatric Dental Group and adjunct faculty at the University of Texas Health Science Center Dental School. The group serves as a clinical rotation site for dental assistant and dental hygiene students. She completed a post-doctoral fellowship in geriatrics and has served as clinical director of the school's Geriatric Dental Clinic.

Bonnie Harvey, PhD • *Quality Reporting and Research Manager, Medicaid and CHIP Services, HHS*

Dr. Bonnie Harvey earned her PhD in applied gerontology in 2012. She dedicated her dissertation and thesis to non-pharmacological therapeutic interventions and earned her specialization in these types of interventions. She is the quality reporting and research manager for the Texas Health and Human Services Medicaid and CHIP Services Quality Monitoring Program and heads the assessments for Music & Memory and memory bag projects.

Jessica Haskins, PharmD

Dr. Jessica Haskins is a registered store manager at Walgreens Pharmacy in Austin. She has been a pharmacist for over 13 years and has a doctorate of pharmacy degree from The University of Louisiana at Monroe. Haskins completed her pharmacy residency in community care through The University of Texas at Austin. In addition, she also served as clinical instructor for The University of Texas at Austin.

Doris Howell, CHWI, MT

Doris Howell is currently the assistant director for the Texas A&M University Evidence-Based Programs Resource Center. In addition, she has managed the state-wide implementation and evaluation of a potential evidence-based program addressing physical activity needs of older adults and a U.S. Centers for Disease Control and Prevention-funded falls prevention program. She works extensively with directors of Area Agencies on Aging, falls prevention researchers throughout the nation, community health workers, program implementers and program participants.

Theresa "Terry" Jaso, PharmD, BCPS (AQ-ID)

Theresa "Terry" Jaso is board certified in pharmacotherapy with added qualifications in infectious diseases. She has served as the Seaton Healthcare Family pharmacist for 29 years, with the last 15 years in the area of antimicrobial stewardship. Jaso serves as a Seton Network clinical pharmacy specialist in infectious diseases and is a co-chair of the anti-infectives monitoring subcommittee of P&T (AIMS).

Delia Jervier, BA • *Director of Chapter Operations, Alzheimer's Association Capital of Texas Chapter*

Delia Jervier moved from the Caribbean to Orlando in 1992 to complete her bachelor's degree in communication. She graduated from the University of Central Florida in 1995. She has worked in the nonprofit industry for over 20 years serving in a variety of roles starting with delivering programs and services for people with diabetes at the American Diabetes Association for 17 years. During her tenure at the ADA she worked to raise awareness and support the families of those affected by the disease. Jervier has been with the Alzheimer's association for close to four years working as the Director of Chapter Operations at the home office and more recently as the Interim Executive Director for the Capital of Texas Chapter.

Kathy Johanns

Kathy Johanns is the program administrator at the Texas State Veterans Homes Division of the Veterans Land Board. She oversees the daily operations and provides training programs of eight veteran nursing homes. Kathy has worked in long-term care for 18 years in hospice care, skilled nursing, social work, assisted living and continuing care retirement communities. Johanns has a degree in social welfare from California State University, Northridge.

Lyn Litchke, CTRS, LVCYT, 200-IYT

Lyn Litchke is an associate professor of therapeutic recreation at Texas State University. She has been a certified recreation therapist for over 25 years and practiced as a therapist in physical rehabilitation and psychiatric hospitals for 20 years prior to teaching. She has been a 20-hour integrative yoga therapist for the past two years and chair yoga teacher for seven years. Her research efforts focus on utilizing yoga as an intervention for children and youth with autism spectrum disorder and persons with Alzheimer's disease. Litchke has been working with people with Alzheimer's disease for 12 years doing various forms of recreation therapy and yoga research.



Susan H. McFadden, PhD

Dr. Susan McFadden is a professor emerita of Psychology at the University of Wisconsin Oshkosh and a research consultant for the Fox Valley Memory Project. She has experience in the psychology of aging and the psychosocial aspects of persons with dementia, their caregivers, partners and communities. She has been creating, leading and obtaining funding for community-based programs and services to improve the lives of individuals living with dementia. Currently, McFadden is conducting creative engagement activities like TimeSlips Creative Storytelling.

Beth A. D. Nolan, PhD

Dr. Beth Nolan is a director of certifications, serves as a lead mentor and trainer, and oversees research for Positive Approach to Care. Formerly an assistant professor and the senior associate director for the Evaluation Institute at the University of Pittsburgh's Graduate School of Public Health, she received her PhD in applied gerontology, holds master's degrees in human development and applied behavior analysis, and completed her post-doctoral training in geriatric psychiatry at Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania.

Therese Palombi • *Project Manager, Quality Monitoring Program, Medicaid & CHIP Services, HHS*

Therese Palombi has worked for the state of Texas for 12 years and has been with the Texas Department of Aging and Disability Services for the past eight years. She currently works as a project manager for the Texas Health and Human Services Quality Monitoring Program in the Center of Policy and Innovation and currently manages the Music & Memory and reminiscence therapy programs around the state.

Sandra Wiggins Petersen, DNP, APRN, FNP-BC, GNP-BC, PMHNP-BE, FAANP

Dr. Sandra Wiggins Petersen holds certificates as a nurse practitioner in family, geriatric and psychiatric-mental health. She was also inducted as a Fellow of the American Academy of Nurse Practitioners. She serves as the director of The University of Texas at Tyler's Doctor of Nursing Practice Program and also teaches in the University's Family Nurse Practitioner Program. Most recently, she completed a privately-funded study utilizing the PARO robotic pet seal as a non-pharmacological intervention in symptom management in elderly clients with dementia. Petersen is currently pursuing National Institute of Health funding to expand the scope of her recent studies with the PARO robotic pet seal which have evidenced positive outcomes for seniors with cognitive impairment.

Cindy Quinn, BS

Cindy Quinn has been actively involved in the implementation of evidence-based programs in local, regional and statewide areas since January 2009. She is one of two Texas T-Trainers for the Stanford Patient Education CDSMP, DSMP, CPSMP and Cancer: Thriving and Surviving workshops and is a master trainer in several other programs. She is a graduate of Weber State University. In addition, she is one of the developers and the program manager for Texercise Select and the SUSTAIN grant.

Kristy Richards, BS, CPT, Austin Rock Steady Boxing

Kristy Richards has been a group exercise instructor for seven years including teaching aqua fitness, senior fitness, Aqua Zumba, boot camps, Mixed Martial Arts Fitness Classes and specialized fitness classes for Parkinson's. She teaches how forced intense exercise benefits those living with Parkinson's disease. Richards is a certified Rock Steady Boxing coach and National Academy of Sports Medicine certified personal trainer.

Sara Rodriguez, RN

Sara Rodriguez is the quality nurse manager at the Texas State Veterans Home Division of the Veterans Land Board where she oversees the quality nursing staff and provides clinical oversight of the two management companies of the eight veteran nursing homes. She also provides training programs for the homes including the post-traumatic stress and behavior training. Rodriguez has worked in long-term care for 25 years and also in hospice care, skilled nursing, pharmacy and assisted living.

Katie Scott, BA, MPH

Katie Scott is the senior director of dementia and caregiver support services at Sheltering Arms Senior Services of BakerRipley. She also serves as the project director for two administration on community living funded projects — the Houston Alliance to Address Dementia and Texas Takes on Dementia — focused on improving the communities' capability to respond to and serve people with dementia and their caregivers.

Takanori Shibata, PhD

Dr. Takanori Shibata received his Bachelor of Science, Master of Science and PhD in electronic and mechanical engineering and has held numerous senior research scientist positions. His research interests include human-robot interaction, robot therapy, mental health for astronauts in long-term missions and humanitarian de-mining. He was certified as the inventor of a seal robot named PARO, the World's Most Therapeutic Robot, by Guinness World Records in 2002. In 2015, PARO was awarded the Patient Trophy as innovation of non-pharmacological therapy for dementia by the Assistance Publique-Hôpitaux de Paris, France.

Carla Smith, RN, CDP, IP-BC

Carla Smith has been a quality improvement consultant at the TMF Quality Institute for the past 14 years. She has extensive experience in infection prevention and antibiotic stewardship. In addition, she holds the Infection Preventionist Board Certified certification through National Association of Directors of Nursing Administration.

Maxcine Tomlinson, LMSW

Maxcine Tomlinson is a licensed master social worker. She worked for the state of Texas for 27 years and retired in October 2010. She has experience in policy for intermediate care facilities for individuals with intellectual disabilities, nursing facilities, Medicaid, hospice and state supported living centers. She finished her career at Texas Department of Aging and Disability Services working with both senators and representatives on policy initiatives. Tomlinson became the director of governmental relations for the Texas and New Mexico Hospice Organization in December 2010.

Susan Wehry, MD

Dr. Susan Wehry is a geriatric psychiatrist with over 30 years of experience as a physician leader and educator. In 2009, she authored Oasis, an interdisciplinary person-centered approach to long-term care that helped nursing homes throughout New England transform dementia care, support mental health recovery and reduce inappropriate antipsychotic use. This past year, she assisted Texas Health and Human Services in bringing the program to more than 800 nursing homes across Texas. Formerly, she served as Commissioner of Vermont's Department of Disabilities, Aging and Independent Living and adjunct faculty member at The University of New England College of Medicine in Maine.

Mary Sue Wilkinson, MEd

Dr. Mary Sue Wilkinson is the founder of the Singing Heart to Heart program where each year she leads almost 400 music and singing sessions for older adults. She specializes in using music in dementia care. Wilkinson is a career educator, a professional musician and the author of "Songs You Know by Heart: A Simple Guide for Using Music in Dementia Care." In addition, she holds a master's degree in education and is a certified music teacher.

Stephanie Wofford, BSN, RN, CDP, VDT Certified Trainer

Stephanie Wofford is a Quality Monitoring Program nurse with Texas Health and Human Services Medicaid and CHIP Services and is also a certified dementia practitioner. She received her bachelor's degree in health education from Texas A&M University in 1996 and a bachelor's degree in nursing in 2006 from Stephen F. Austin State University. Her previous experience includes working in a state psychiatric hospital in acute and long-term care with forensic residents and serving as a health services coordinator for a public school district.

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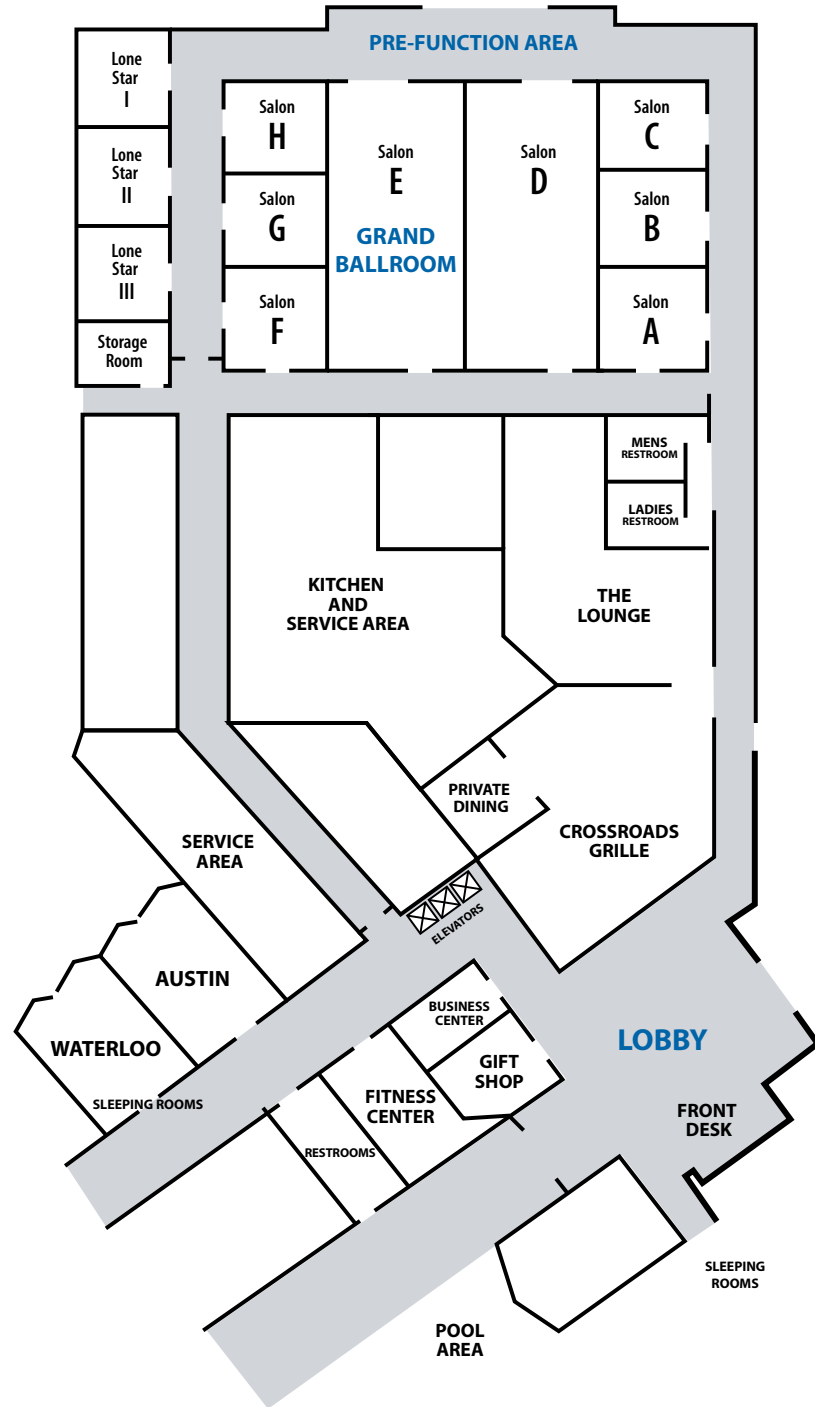


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